

Glow-Up Retreat Planning Worksheet

Created with love by yourlifestylegirl

■ My Glow-Up Goals

■ Destination Ideas

■■■■ Daily Rituals to Include

■ How I Want to Feel Each Day

■ Packing List Must-Haves

■ Tentative Schedule

Follow along @yourlifestylegirl for more glow-up inspo ■